

# NEWSLETTER



I don't think we can deny that Christmas is coming, everywhere it seems the displays of cards, decorations, food and gifts are piled higher than ever, I don't remember being so aware of the extent of this before. As one who really loves Christmas but prefers it to be short and sweet even I have been swept up in this seemingly endless parade of conspicuous consumption, buying a few bits 'early'. All well and good for those able to partake of much on offer but surely this bombardment must be difficult for many, the suggestion that everything must be perfect on the big day, the meal, the table setting, the tree, the outfit, the gifts....I don't mean to sound like Scrooge, but surely we can enjoy a few days of celebration without exhausting ourselves or our bank balance, surely spending time with family and friends, eating well and enjoying the holiday is prime and doesn't need to entail a 6 week lead in? There are many less fortunate than most of us in this village and Don and Moira's piece on page 5, should be a timely reminder of this and perhaps we could all help just a little to make a lot of difference to some.

Do follow the Advent window trail, map available in the bus shelter. The man in red is due to appear on the 9th, see page 9. Much to look forward to and much to read about in this month's newsletter.

I can hardly believe that I am about to write....

"A Happy Christmas to you all" Ed.

Editor: [stfilica@mail.com](mailto:stfilica@mail.com)

01 Dec	Advent windows start
06 Dec	Catch up coffee
09 Dec	Father Christmas/Tree lighting
12 Dec	Carter Club Film evening
13 Dec	Parish Council Meeting
16 Dec	Cotswold Makers Fair
16 Dec	Copy deadline for January

Your  
village



Needs  
You!

## ST FILICA NEEDS YOU!!!

St Filica was formed over 35 years ago as a committee that organises fun events to raise funds to put back into the villages and their organisations for projects they are undertaking. In the past, we have donated money to the Village Hall, Village Centre playground & refurbishments, the Gardening Club for planting spring bulbs and the Swinford Museum to name but a few. We also provide gazebos, chairs & tables available to hire at very reasonable rates!

We hold a number of social events each year such as the recent Coronation event, our regular Quiz and Curry nights, the biennial Summer Ball and of course the annual visit by Father Christmas. This is only possible with the help of our group of volunteers and the members of the committee.

We are currently looking for new members to join the St Filica committee and allow us to carry on this great Tradition. By joining the committee, you would be part of a successful team organising an array of fun and inclusive events for the villages of Filkins and Broughton Poggs.

Organising our events is very rewarding and a great way to meet other residents while having fun.

If you are interested in getting involved and joining St Filica, please contact [stfilica@hotmail.com](mailto:stfilica@hotmail.com).

Thank you, Michelle Woodworth



## THE CHURCHES OF ST PETER BROUGHTON POGGS CUM FILKINS



### **CHRISTMAS SERVICES FOR YOUR DIARY**

**SUNDAY 3<sup>RD</sup> DECEMBER – BROUGHTON POGGS**

**6PM - ADVENT CAROL SERVICE**

**TUESDAY 19<sup>TH</sup> DECEMBER – FILKINS**

**6.30PM – CAROL SERVICE**

**CHRISTMAS DAY – FILKINS**

**10.30AM – CHRISTMAS DAY COMMUNION**

And suddenly its Christmas! Do come and join us for Advent Carols by Candlelight at 6pm at Broughton Poggs on Sunday December 3<sup>rd</sup> where we are once again delighted to welcome Jubilate, the Benefice Choir (bring a torch and a warm coat!), and then for traditional Carols and Lessons at 6.30pm at Filkins on Tuesday December 19<sup>th</sup>. Please do stay on after both services for a glass of something suitably seasonal and some mince pies.

We will also be holding a service on Christmas Day – Holy Communion at 10.30am to celebrate the special day of Christ's birth. It was wonderful to see the church so full last year and once again you and all your families and visitors are especially welcome!

**WISHING YOU ALL A VERY HAPPY CHRISTMAS**

#### **Rector**

**Reverend Harry MacInnes 01993 845954**  
**harrymacinnes@yahoo.co.uk**

#### **Associate Vicar**

**Reverend Margot Hodson 01367 860555**  
**margothodson@svbb.org.uk**

#### **Churchwardens**

**Gill Allison 01367 860787**  
**gillian.allison@zen.co.uk**

**Charlie Payne 01367 860529**  
**broughtonpoggsmill@hotmail.co.uk**

For details of all services in the Benefice see: [www.svbb.org.uk](http://www.svbb.org.uk)



Filkins &  
Broughton Poggs  
Gardening Club



This is the Garden Club's last newsletter of 2023. Please note that our Planning Meeting will take place on Friday 26<sup>th</sup> January 2024 at 2.00 – 2.15 pm in Filkins Village Hall. All members and prospective members are welcome.

The Garden Club is run on an informal basis and all members need to take an active part whenever possible, come up with ideas, plan activities and events and contribute to the Annual Planning Meeting.

This Year we have undertaken many visits including:

May – Kingham Lodge Sculpture Garden – Allison & Brian

May – Westwell House Garden – Susan/Lorraine

May – Garden Club Tea - Lorraine

June – Ilford Manor, Bradford Upon Avon - Theo

June – Broughton Castle, Banbury - Theo

June – Village Garden Safari – Freda, Rosie, Pauline, Stephen and Nicki, Don & Moira, Paul and Corinna

June – Goodfellows – Jules

July – Oxleaze Barn Gardens - Lorraine

And finally our Garden Club drinks graciously hosted by Julie and Gareth Tridgell in their lovely garden in the Hall took place in September. We had the most glorious day only topped by the opportunity of meeting and catching up with members over a glass of wine with nibbles provided and contributed to by the committee.

The Jubilee Garden has been progressing slowly but surely. Rosie has managed to obtain some grant funding which has helped with completing the ground work and planting. Rosie will report at the Planning meeting but it looks as though the garden will be completed by Summer 2024.

Please try and come to the Planning Meeting on the 26<sup>th</sup> January 2024 the plan is we will have a cup of tea with a piece of cake to start, sit down for the meeting 2.45 and following the meeting invite members to join us all for light refreshments, a glass of wine and chat etc.

New members should contact Julie Tridgell@ julietridgell@outlook.com

A happy xmas and new year to all. *Lorraine Chitty*

## VILLAGE HALL LOTTERY

### **Congratulations to December winners:**

**Tara & Craig Johnston, Joanne Russell, Nicola Priestley,  
Emily Doyle**

My thanks to everyone who has bought tickets for 2024....if I have missed you please let me know and if you have forgotten to pay please do so in the next few days (Cash or bank transfer)

***The Village Hall Committee wish all villagers in Filkins & Broughton Poggs a Very Merry  
Christmas & a Happy & Prosperous New Year***

Pauline Care Peacock Farmhouse 01367 860969



## SWINFORD MUSEUM

Another month has rolled by and things are chugging along. I was able to help Ann Whiteway, a former resident of Shilton put on an exhibition in the Old School at Shilton of life in Shilton during the early part of the 20<sup>th</sup> century.

It also solved a mystery of who was 'Mrs Gardner from Shilton' who donated a doll's pram to the museum during George's time. It actually turns out to have been Ann's grandmother and lo and behold here is a photograph of Ann's mother sitting in the pram.

Things like this just bring history to life. We were never sure if it was a doll's pram or child's pram but from the look on the child's face it is a doll's pram!

Ann's mother was actually a teacher at Filkins school in the 1930's and she kept notes of her time here and used to cycle from Shilton to Filkins each day.

Diane Blackett



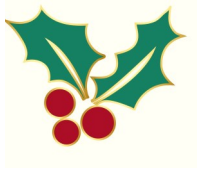
## **Filkins Drift Friday 17th November**

The village hall was packed for an evening of music, food and wine brought to us by the Village Hall committee, and what an evening! The duo, Seth on fiddle and Chris on guitar, called themselves Filkins Drift, as they had discovered and practiced in the derelict control tower on the old airfield (illegally of course but it had a great acoustic). Their existence had also been discovered by a chance meeting between their parents and Richard Martin at a local dinner and one thing led to another, to bring them to perform for us.

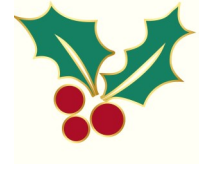
They had recently returned from an 870 mile sustainable walk around the Welsh coast playing gigs almost every night of their journey, after walking around 15 miles a day. They kept us entertained with snippets from their adventure, which raised over £4000 for the charity Live Music Now, and with tunes and songs traditional and self composed. Their energy was infectious and many toes were tapping. The stories they recounted amused and fascinated, from arriving just in time for one gig having scrambled up a bank to arguments over the varying local names of tunes, to an encounter in Dartington where, recognizing the name of Filkins, they were told that many tunes and dances originating in this village had been rediscovered by the Dartington morris side many years ago and they now only danced 'Filkins morris'.

Interestingly as we were able to tell the boys, the Dartington side had contacted the Swinford Museum and were then invited to come here and dance at 'Filkins Exposed!' in 2016 and various 'Filkins Feasts'.

Between sets, a supper of chilli con carne followed by apple crumble and custard was enjoyed by all with wine and a re-labelled Filkins Drift Beer. The décor and ambience in the hall was super, a great event, thank you to Richard and his team of cooks and bartenders.



## Witney Food Bank



When I was a child, my siblings and I, (there were 5 of us), were treated to a number of annual staples. It would begin with Whitsuntide when we were all allowed to choose a new outfit which we would wear at the Whit Sunday Church Walk; June would see us at the Travelling Fair when we could stay out until it was dark and spend 2 shillings each without too much adult control;

August brought Dad's club trip to the coast along with the gift of an apple, an orange and a half crown to spend as we wished; Bonfire Night was magic, with fireworks, street food, and a book which Dad traditionally bought each of us; and then finally there was Christmas when the 5 children would queue in age order up the bedroom steps waiting to be called to come down to open our presents, neatly arranged in separate piles around the lounge.

We never questioned *whether* these events would take place, we just knew that they would. Cost was never a consideration to us children, although with hindsight it perhaps should have been, and any fiscal sacrifices that may have been made by our parents throughout the year were invisible to us.

So - how far have we travelled since the days of the 1950's? and in which direction? I think I will leave that question hanging.

One fact however, remains. The need for Food Banks to assist with the feeding of children, families, the elderly and other disadvantaged groups and individuals does not decline. It continues to grow ever more rapidly. The people who organise the Witney Food Bank operation are genuinely grateful for the contributions that the residents of Broughton Poggs and Filkins have made throughout the year, as no doubt, are those people who are driven to use their services. So, as Christmas approaches, we thought it appropriate that we let everyone know that we do maintain our monthly trips to Witney with all contributions dropped in the box at the village shop along with food items bought with the generous contributions made by numerous members of our community.

The next delivery of collected items will be made in December to coincide with the approach of Christmas and if anyone would want to make a donation, then it would make a difference.

Many thanks. *Moirá and Don*

## Doctor & Hospital Runs



In the first instance those requiring a lift should call Theo Hodges on 07711 066155 and she will put you in touch with a driver.

If Theo is for any reason unavailable, then please call either Freda Shrouder on 07557 048667 or 01367 860053 or else Charlie Payne on 07810 158558 or 01367 860529



# The CARTER CLUB

*From time to time*  
Filkins Village Hall

*Yes, still back!*

**7.30pm Tuesday 12th December**

**E**VERYONE is welcome to come to the next meeting of *The Carter Club* at 7pm on Tuesday 12th December, to watch... *We don't know what yet!*

But do come anyway, for film connect across place and time, and generally tastes better when viewed with other people...

And, of course, there's a bar!

*What's not to like? See you at The Carter Club. For more information:*

*07713636415 or*

*richard@naturalbest.co.uk*



**The Community Led Plan** has completed its data-gathering

phase, and there'll soon be a report to consider... *Stand by!*

## Filkins Relief in Need Charity

A reminder, that if you or anyone you know in the village is struggling with the recent fuel and cost of living rises to apply to this charity for help. FRIN has funds available and will consider requests for one off support.

Contact Lucille Jones,

Chair of Trustees

lucille68@btinternet.com



## REMEMBRANCE DAY

As in previous years wreaths were laid at our two memorials, starting at 10.30am in the churchyard in Broughton Poggs. The group then moved on to join others gathered at the crossroads in Filkins for the Reverend Margot Hodson to conduct the wreath laying at 11am. The two minutes silence was broken by the sound of the bugle and the familiar words "we will remember them".

The service, which continued in Filkins Church, emphasised the sacrifice of many and especially of the men from the parish who died in the two World Wars and the sombre mood served to underline the impact of contemporary confrontations in different parts of the world.

In the weeks leading up to 11<sup>th</sup> November the decoration of both churches to mark Remembrance was much appreciated – thank you in particular to Diane Blackett and Sheila Gray for such thoughtful and beautiful tributes, to John Allison and Ian Cutmore for laying the wreaths, and to the children from Filkins Nursey School for the specially decorated boards which they placed at the Filkins memorial alongside the poppy wreath.





***Continuing our occasional travel series, Jennifer Rooke shares her recent adventure in Uzbekistan & I am sorry the b&w photos don't do them justice. Ed.***

## Uzbekistan

When I told friends I was going to spend my holiday travelling around Uzbekistan, more often than not the response was ... why there? Followed by ... where is it?

Why not? I would reply. I know nothing about this country or even that part of the world, let alone its history. I knew about the Silk Road and such places as Samarkand, Bukhara and Khiva from earlier travels in the Middle East but when I discovered that all these places are in Uzbekistan I was hooked. A photo of an amazing mosque with a beautiful turquoise tiled dome confirmed it. That's where I was going on my next holiday!

I immediately booked myself on to an organised group tour (16 of us) with the adventure company Exodus.

### Where is Uzbekistan?

It is located in the heart of Central Asia. It is one of the five "stans" (stans meaning land of) - Kazakhstan, Kyrgyzstan, Tajikistan and Turkmenistan. Put simply, Uzbekistan is east of the Middle East, south of Russia, west of China and north of Afghanistan and India. Uzbekistan is the equivalent in area to Spain or California and is almost landlocked except for a 150km coastline on the Aral Sea. There are just over 33 million people living there, with 90% of the population Islamic, the remainder Russian Orthodox. The official languages are Uzbek, Russian and Tajik. Some speak English especially the school children who love to practice with you!

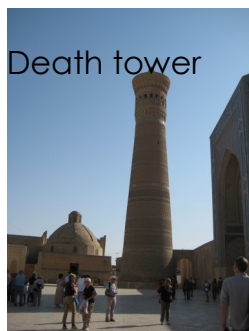
### Bit of Uzbekistan History

What a history! Very briefly .....stone age man was there as far back as 100,000 years. More recently you may have heard of Cyrus the Great (king of Persia), Alexander the Great, Genghis Khan and the Mongols and Amir Timur. All of whom at one time or another invaded and ruled the country. Much later on it was the turn of Tsarist Russia, the Bolsheviks and USSR. At the break-up of the Soviet Union, Uzbekistan gained its independence in December 1991.

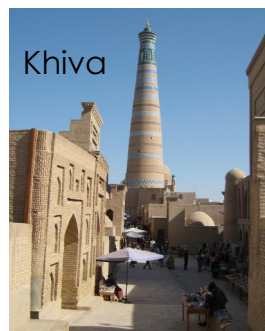
A lot of what I saw reflected these times and people – in the mosques and mausoleums but also in their pottery, food and textiles. Yes, they do grow a lot of silk and cotton, mostly exported but they also use it in their carpets and embroideries. The country is rich in minerals notably gold, copper and uranium. It also has natural gas.

### Where did I go?

We flew into the capital Tashkent, where we met up with our tour leader Babhur, then an internal flight to Nukus in the north to visit Khiva, drove by bus south by the Turkmenistan border to Bhukara, took a left into the Kyzylkum Desert to experience the Kazakh country before heading south to Samarkand. From Samarkand we took the "Bullet" train (getting up to over 200km per hour) back to Tashkent for one more night before catching our flight back to UK. A whirlwind tour!



Death tower



Khiva



Bukhara

**What's there to see?**

Loads! Masses of mosques, minarets, madrasas (Islamic schools) and mausoleums along with covered markets. All built in various centuries (9th century onwards), all decorated differently using those vivid turquoise glazed tiles I first saw in that photo. All restored in some way or other. They are all extremely tall, imposing but exquisitely decorated buildings – inside and out. Externally they are predominantly tiled in turquoise and blue, internally more colourful but both heavily patterned. The mausoleums inside are often decorated in gold! Simply impressive. By the way, the turquoise colour of the tiles comes from the copper that's found in the desert sand. We also visited fortresses, palaces and museums including an impressive textile museum and one devoted to avant garde Russian art.

**Food and Drink - good?**

Yes to both. Uzbek food is dominated by mutton, noodles and bread although I also ate beef and chicken, usually grilled as kebabs but they also produced some lovely meaty soups & stews. There were salads and fruit to eat too. I also tried the national dish "plov" - a rice based dish with vegetables and pieces of meat. Red wine was good, so too the local beer. For lunch it was usually green tea sometimes fresh mint tea.

**People friendly?**

Again yes. The people I came in contact with were warm and friendly even if we couldn't speak the same language! At no time did I feel unsafe even walking around the cities at 11 o'clock at night. We just tended to mingle with the crowds as many locals were also visiting the tourist spots or eating at the same restaurants. Everyone seemed to have mobile phones and wifi was available in all our hotels, which were comfortable and modern. They all seem to drive modern cars, either white or black, some in other colours but they tended to be older Russian Ladas.

**So what of these Silk Road cities?**

**Khiva** - a definite favourite for me. The perfectly restored old city is a UNESCO World Heritage Site, it is a living museum basically and so easy and enjoyable to walk around, day and night and just full of those turquoise tiled domes and minarets. In 1997 it celebrated its 2500th birthday!

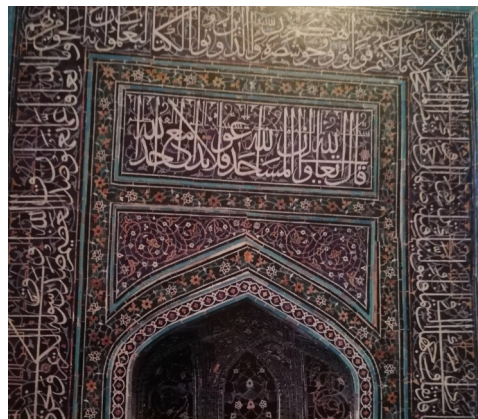
**Bukhara** - now a modern working city. We stayed in the old part, touring around more of those beautiful mosques & minarets, in particular the Kalyan minaret, known as the death tower (women were forced to jump off from the top) but also the famous "Fortress Ark" - a medieval mud-brick citadel with a grisly history. Babhur, our tour leader, told us this was the best place to go shopping for silk (obviously) and cotton embroidery work and anything else that caught our fancy. He taught us how to barter the Uzbek way.

**Samarkand** - the jewel of the ancient (and modern) Silk Road with the spectacular Registan Square, the site of three exquisite madrasas, domes etc each built in a different century although you wouldn't know it. Again each beautifully tiled. The light show, with music, at night was a wonder in itself. Much of the buildings in Samarkand are connected with Amir Timur (14th century invader now a national hero), indeed inside his mausoleum it is incredibly heavily decorated in gold - 5kgs of it. Mind blowingly beautiful.





Amir Timur  
Mausoleum



Of course I saw lots more, such as the desert fortresses of ancient Khorezm and the sights of Tashkent including the Chorsu Bazaar where I bought some Silk Road spices but I will stop now. In short, my trip around Uzbekistan far exceeded what little expectations I had. Would I recommend people visit - definitely.

#### Where next you ask?

I would like to visit another stan, possibly Kazakhstan – the largest of the 'stans'.

Jennifer



#### LAST FEW DATES !

**JOIN THE RUN UP TO CHRISTMAS -  
CHOOSE YOUR DATE LIGHT YOUR  
WINDOW FROM THEN TILL 24  
DECEMBER**

**LET US KNOW WHAT DATE YOU HAVE  
CHOSEN**

**MICHELLEWOODWORTH@SKY.COM**



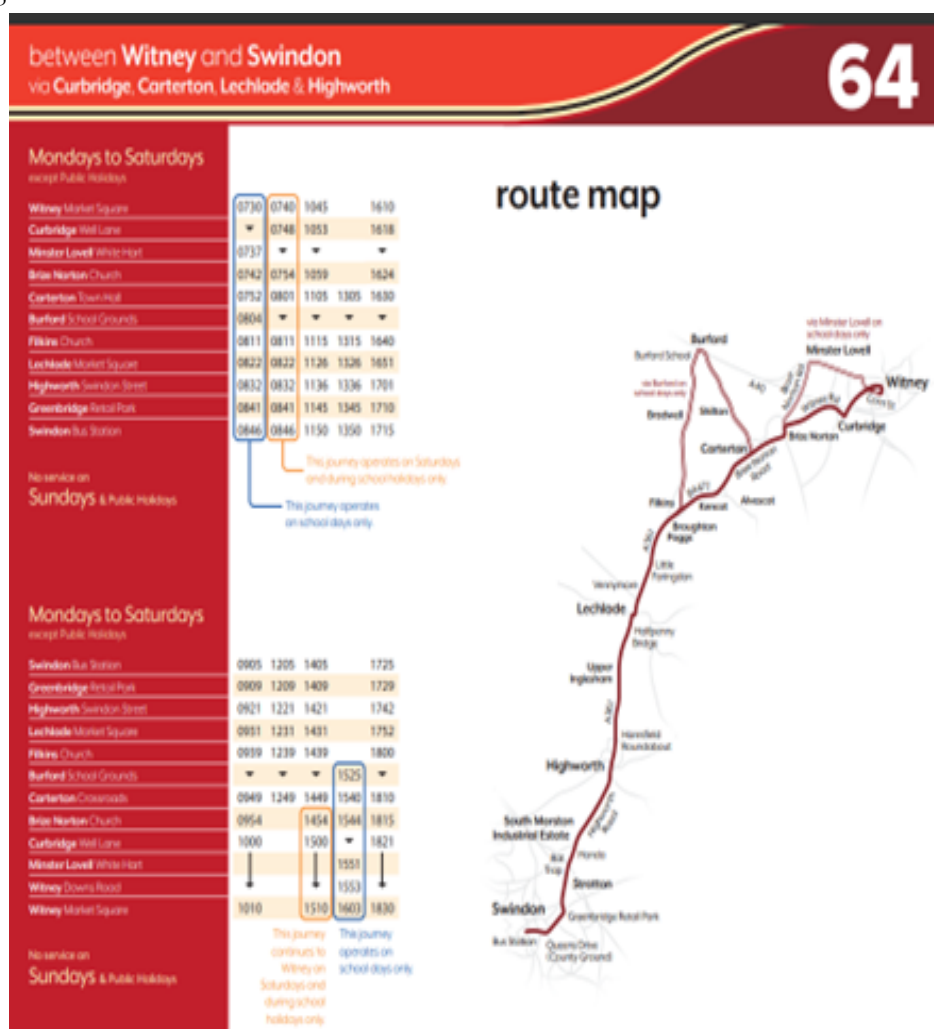
## Parish Council Meeting – November meeting

- Taylors Close – Kickabout field – Unfortunately due to the heavy rain it will not be possible to do the works we require. As soon as this dries out and the weather conditions are correct we will continuing works
- B4477 – resurfacing not due to start until March 2024
- Speed watch area signs have been erected. Keep up the good work.....
- Emergency Plan is being drafted
- Platinum Garden – hoggins has been laid and meadow grass sown.
- We have submitted an application to register The Five Alls as a community asset.. This is now with WODC for approval
- Council have set the budget for 2024/25 to determine the precept. This will be available online but precept will remain the same as 2023/24 £20,500
- Gigaclear have informed us they will be working on Rouses Lane 22/11-05/12 and Burford Road 05/12-12/12
- Vacancy for Councillor – We are now able to co-opt a resident to fill the vacancy for a Councillor. If you are interested please apply to the Clerk as below
- Community Emergency Plan is progressing.....
- **Next meeting of the Parish Council will be on 13 December at 7.30pm in Filkins Village Hall Committee room.**
- The Council can always be contacted through the Clerk, Cris Hoad, by email [clerk@filkins.org.uk](mailto:clerk@filkins.org.uk) or phone 01367 860388

## OTHER ITEMS

Bus Service 64 - As many of you know, OCC are utilising a proportion of their BSIP+ funding allocation from Government to partially reinstate bus service 64 between Witney, Carterton, Lechlade, Highworth and Swindon. It also partially replaces service H2S between Witney, Minster Lovell and Burford School.

Timetable, effective from 27<sup>th</sup> November 2023. The £2 national fare cap scheme will apply to this service and both Stagecoach and Pulhams paper tickets are valid on common sections of route with service 233 between Burford, Carterton and Witney. Stagecoach and Swindon Bus Company paper tickets are also valid on common sections of route between Highworth and Swindon.



Funding is in place for 18 months currently. When Lee Bennett undertook the survey over 80% of replies said they would use this service, if it is not utilised we will lose it again when the route goes to tender.....

# The COTSWOLD Makers

craft at the  
Filkins Fair

Ceramics, textiles,  
jewellery, candles,  
print & lots more...



*"By Hand,*

No admission charge  
Refreshments

Lovely village to explore

11am to 4pm, Saturdays 18th Nov, 16th Dec & 17th Feb  
... and third Saturday of every month thereafter

*with Design"*

@thecotswoldmakers   07818 440824 thecotswoldmakers@gmail.com

## Lenthall Concert Series

Since 1992 the Lenthall Concerts have been delighting audiences with a wide range of music from internationally acclaimed artists.



Single concerts cost £20, Full season of 6 £72

6 December Christmas Strings, Orchestra Pro Anima & Michael Bochmann play Corelli, Vivaldi, Mozart, Torelli, Sarasate & Anderson

10 January Piano Quartets – Mozart \* Faure

for more details visit: [www.lenthallconcerts.org.uk](http://www.lenthallconcerts.org.uk)

## Rosie's Pilates Plus

There are still vacancies in the village hall classes, contact me on 07879 668175  
or [rosie@rosiehowenutrition.com](mailto:rosie@rosiehowenutrition.com)

Mondays 17.15—18.15 and 18.30 –19.30

Tuesdays 09.30 –10.30

"keep it gentle class" perfect for beginners & seniors

Thursdays 17.15 –18.15





It wouldn't be Christmas without cracker jokes to make you laugh or groan, so here is the annual offering from Alan Law

1. A red and blue pirate ship just collided in the Caribbean. Apparently, the survivors are marooned.
2. Two Eskimos sitting in a kayak were chilly. But when they lit a fire in the craft, it sank, proving once and for all that you can't have your kayak and heat it.
3. I was hospitalised due to a peekaboo incident Now I'm in ICU
4. Police have arrested the World Tongue-Twister Champion. They said he'll be given a tough sentence.
5. Lost my job at the bank on my first day. A woman asked me to check her balance, so I pushed her over.
6. My dog used to chase people on a bike a lot. It got so bad I had to take his bike away.
7. Did you know my attempts to combine nitrous oxide and Oxo cubes made me a laughing stock!
8. Picasso was burgled and did a drawing of the robbers. Police arrested a horse and two sardines.
9. A pair of cows were talking in the field. One says, "Have you heard about the mad cow disease that's going around?" "Yeah," the other cow says. "Makes me glad I'm a penguin."
10. A mum texts, "Hi! Son, what does IDK, LY, & TTYL mean?" He texts back, "I Don't Know, Love You, & Talk To You Later." The mom texts him, "It's ok, don't worry about it. I'll ask your sister, love you too."
11. Why do you never see elephants hiding in trees? Why? Because they're so good at it.
12. You know, somebody actually complimented me on my driving today. They left a little note on the windscreen, it said 'Parking Fine.' So that was nice.....
13. Cosmetic surgery used to be such a taboo subject. Now you can talk about Botox and nobody raises an eyebrow.
14. I was horrified when my wife told me that my six-year-old son wasn't actually mine. Apparently, I need to pay more attention during school pick-up.
15. I was wondering why the ball was getting bigger. Then it hit me.
16. Two sociologists are sitting by the pool. One turns to the other and asks, "Have you read Marx?" to which the other replies, "Yes, it's these damn wicker chairs."





*It really does seem Mrs Law has been ousted from this spot by her husband, 3rd month running! Ed.*

## TIRAMISU:

### A 'Boozy' Pudding for Christmas

This recipe is taken from the very first Cook Book I ever purchased called 'Essential Italian Cookery,' I am informed by the current Mrs Law that there is an abundance of Tiramisu recipes available, however this one is very easy, and the results are (almost) guaranteed for an ever so slightly 'Boozy' Christmas pud.

#### Ingredients:

- 2 egg yolks
- 2 tbsp caster sugar.
- ½ tsp vanilla essence
- 250g mascarpone cheese
- 250ml strong black coffee
- 2 tsp Marsala
- 1 tbsp Brandy
- 150g sponge fingers
- 1 tbsp cocoa powder
- 2 tbsp grated dark chocolate

#### Method

Mix the egg yolks and sugar together in a bowl with a wooden spoon until they are creamy. Add the vanilla and fold in the mascarpone cheese. The mixture should be creamy.

Make the strong black coffee, when cool mix with the marsala and brandy in a flat bottomed bowl. Dip the sponge fingers into the coffee mixture. They should absorb just enough liquid to flavour them without going soggy and falling apart.

Arrange some of the soaked sponge fingers in the base of a large (attractive) glass bowl, then thinly cover with half of the mascarpone mix.

Add a second layer of sponge fingers and cover them with the remaining mascarpone mix. Sift the cocoa powder over the top and sprinkle with the grated dark chocolate. Chill for 3 – 4 hours.

#### Cook's Tip:

- The flavour improves if the Tiramisu is left in the fridge overnight.
- I use a fork to cover the sponge fingers in the mascarpone mix.
- Applying cling film to the exposed edges of the glass bowl before sifting the cocoa powder over the top improves the look of the dish.

Tiramisu from the Italian tirami su, "pick me up" or "cheer me up" is a coffee-flavoured

**Historical note:** an Italian dessert. It is made of sponge fingers dipped in coffee, layered with a whipped mixture of eggs, sugar and mascarpone, flavoured with cocoa. The recipe has been adapted into many varieties of cakes and other desserts. Its origin is disputed between the Italian regions of Veneto and Friuli Venezia Giulia.



Progress is being made on the refurbishment of our telephone box. The trusty gang have been hard at work to get to first coat stage. Watch this space!



Day	Morning	Afternoon
Monday	10 -11	<b>3 - 4</b>
Tuesday	10 -11	<b>3 - 4</b>
Wednesday		<b>3 - 4</b>
Thursday	10 -12	<b>3 - 4</b>
Friday	10 -11	<b>3 - 4</b>
Saturday	10 -11	<b>3 - 4</b>
<b>Sunday</b>	11 -12	
01367 860 239		



### Breast Cancer Christmas Raffle

There will be a Christmas Raffle in aid of Breast Cancer on Saturday 16th December at 10:30am.  
Raffle tickets on sale in the shop now. Do come and join us for some mulled wine and mince pies, (donations welcome)

The shop is taking orders for Turkeys from Cutler and Cashin (formally Baylis). Delivery will be on Sunday 24th December. See attached prices. Please give orders into the shop by 10th December.

**Christmas Packs**

**Pack A - £69.95**  
(suitable for 4-6 people)  
4.5kg Turkey  
12 Chipolatas  
500g Sausage Meat  
250g Streaky Bacon  
Pack of Stuffing

**Pack B - £97.95**  
(suitable for 6-10 people)  
6kg Turkey  
24 Chipolatas  
500g Sausage Meat  
500g Streaky Bacon  
2 Packs of Stuffing

**Pack C - £47.95**  
(suitable for 6 people)  
Turkey Crown  
12 Chipolatas  
500g Sausage Meat  
500g Streaky Bacon

**Free Range Turkeys**  
4kg-4.9kg £70  
5kg-5.9kg £80  
6kg-6.9kg £90  
7kg-7.9kg £100  
8kg-8.9kg £115  
9kg-9.9kg £125

**Available this Christmas**

- Goose
- Cockerel
- Duck
- Gammon
- Cooked Ham
- Honey Roasted Ham
- Pigs in Blanket
- Stuffing Balls
- Joints of Beef, Pork and Lamb
- Homemade Pork Pies
- Homemade Chicken and Ham Pie
- Homemade Game Pie
- Selection of Cheeses
- Fresh Vegetables



We can also order from Upton Smokery. Do let us know by 10th Dec if you fancy anything. (Service charges will apply) Smoked chicken breast £4.50 275-200g :Chicken Breast x 5 £20.00: Sliced smoked salmon £5.50 100g: £10.50 200g: £24.00 400g : Gravadlax from £6.00 Salmon pate £4.50 130g Potted shrimp £9.50 175g

We have a new selection of Christmas Cards hand made by some of our local artists. They are excellent value and all proceeds go to local charities. Mustard Foods are still available. Do contact Jennifer for prices and range of options. [jerooke76@gmail.com](mailto:jerooke76@gmail.com)

The shop will be closed 25th/26th December and 1st January. Ann Choyce

Green/recycling

grey/household



Friday 1 December

Friday 15 December

**2024**

**TUESDAY 2 January\***

Friday 8 December

Friday 22 December

**MONDAY 8 January**

